



Sports Ambassador

Cory Hutchings Surf Life Saving

Career Highlights

NZ Board Champion

1994 - 2001, 2004
(9 times)

NZ IronMan Champion

1991, 1993 - 2002
(11 times)

NZ Surf Race Champion

1999 - 2002
(4 times)

World IronMan Champion

1998, 2000, 2002

World Board Champion

1998, 2002

Follow-up

If you have any further questions, comments on the workshops, or need more information please drop me a line at coryh@sparc.org.nz.

Remember to leave your contact details so we can get in touch.

The moment Cory Hutchings woke up in hospital and was told he could no longer compete in the sport he loved was a major turning point in his life. "I learned that you never realise what you've got until it's taken away from you," says Cory. He had been diagnosed with Hepatitis A and was advised to look for other career options.

"Lying in that hospital bed, I knew they were wrong. I knew what I wanted to do and I decided then and there to give it a go."

Cory started surf life saving at age 5 - as a nipper. A love for the ocean, swimming and having fun in the surf was all the motivation he needed to become World Iron Man Champion three times over.

"From a young age the ocean was a second home for me. I remember spending up to six hours at a time in the surf, just swimming and playing on the boards."

Cory sees his surf lifesaving success as more than just a product of a passion for sport. He admits that even though the Iron Man is his favourite event, he's still had to work hard to become the World Champion. "I wish natural ability alone could win you races, but it doesn't. There is always someone else with the same ability."

Living in Australia for many years meant he could compete and train with the world's best. Although being away from home at a young age was tough, he looks back on his days overseas with fondness. "I was pretty young when I was in Australia so I learned how to look out for myself."

"Competing in surf has taught me how to work towards my goals and along the way I have met some great people and had a great time representing my country. Now I have three world titles, too. It's great. I still enjoy it."

Cory has now retired from racing in the Kelloggs Nutri Grain Ironman Series which he raced in for over 4 years and won 11 times. He now spends a lot of time with both Kelloggs and New Zealand Surf as a motivational speaker, doing promotions and also coaching. He also acts as an ambassador for the following organisations: Kelloggs NZ, Surf Lifesaving NZ, Water Safety NZ, SPARC and the Stand Tall Foundation.